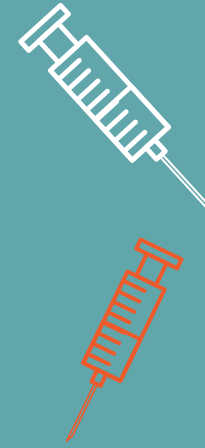


**TEST, DON'T GUESS
OPTIMAL LEVELS ON
YOUR LABS**

**BE YOUR OWN HEALTH
ADVOCATE**



FASTED BLOOD GLUCOSE 70-90 MG/DL

FASTED INSULIN 3-6 UIU/ML

HEMOGLOBIN A1C 4-5.6%

VITAMIN D 80-100 NG/ML

TSH .5-1.5 UIU/ML

T3 3.0-4.0 PG/ML

T4 1.1-1.5 PG/ML

FASTED MORNING CORTISOL 10-18

C-REACTIVE PROTEIN >1MG/L

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